Greetings from the folks at Hundredfold Farm and Seven Springs Tree Farm!

Hundredfold Farm is an old-fashioned neighborhood with a green future - a rural, ecologically sustainable cohousing community located just west of Gettysburg, Pennsylvania.

Seven Springs Tree Farm is an organic choose & cut Christmas tree farm that specializes in growing holiday traditions and creating lasting memories.

Christmas is here at Seven Springs Tree Farm

Seven Springs opened for the season with yuletide cheer and a newly expanded cafe! We enclosed the covered porch to add more room and more seating inside Café Noel. Come inside to warm up with a cup of hot cocoa, a chili dog, or other homemade treat.

Tom Jolin was here this past weekend, and played to adoring crowds with his eclectic mix of music. Besides the hammered dulcimer, he also plays the accordion, spoons, washboard and the bass tub. Adults & kids joined in to discover their inner musician and have some fun! Click on this link or the photo below to hear a clip of Tom’s music.

We are calling for beautiful weekend weather - crisp and crisp, so it can be the perfect family outing. As part of your visit, be sure to drive to the top of the property to enjoy the view! Remember that in addition to your Christmas tree, we also have a great selection of evergreen wreaths, swags, and garland.

In our gift shop, we offer merchandise from both local and international, fair trade artisans. Every year, we offer a new selection of ornaments, jewelry, toys, local foods, and seasonal decorations.

On December 15th from 12 to 3 p.m., Cormorant’s Fancy performs Celtic and other traditional Christmas carols. The Cormorant is most likely the ‘black bird’ which is translated from Ó Duibhneáin, the Irish ancestors of Diviney, and a fancy is a fiddle tune. The Irish band added some Scottish songs, as well as a few from other Celtic nations, plus an occasional English and American tune.

Seven Springs is open Tuesday to Friday, from 10 a.m. to 6 p.m., Saturday and Sunday from 8 a.m. to 6 p.m. The farm is closed on Mondays, except for Christmas Eve Monday when we’re open until 6 p.m.

We appreciate being part of your holiday tradition, and look forward to seeing your family again this year!

How Gratitude Can Change Your Life

Gratitude means thankfulness, counting your blessings, noticing simple pleasures, and acknowledging everything that you receive. It means learning to live your life as if everything were a miracle, and being aware on a continuous basis of how much you’ve been given.

Gratitude shifts your focus from what your life lacks to the abundance that is already present. In
addition, behavioral and psychological research has shown the surprising life improvements that can stem from the practice of gratitude. Giving thanks makes people happier and more resilient, it strengthens relationships, it improves health, and it reduces stress.

People tend to take for granted the good that is already present in their lives. There’s a gratitude exercise that instructs that you should imagine losing some of the things that you take for granted, such as your home, your ability to see or hear, your ability to walk, or anything that currently gives you comfort. Then imagine getting each of these things back, one by one, and consider how grateful you would be for each and every one. In addition, you need to start finding joy in the small things instead of holding out for big achievements—such as getting the promotion, having a comfortable nest egg saved up, getting married, having the baby, and so on—before allowing yourself to feel gratitude and joy.

Another way to use giving thanks to appreciate life more fully is to use gratitude to help you put things in their proper perspective. When things don’t go your way, remember that every difficulty carries within it the seeds of an equal or greater benefit. In the face of adversity ask yourself: “What’s good about this?”, “What can I learn from this?”, and “How can I benefit from this?”

Once you become oriented toward looking for things to be grateful for, you will find that you begin to appreciate simple pleasures and things that you previously took for granted. Gratitude should not be just a reaction to getting what you want, but an all-the-time gratitude, the kind where you notice the little things and where you constantly look for the good even in unpleasant situations. Today, start bringing gratitude to your experiences, instead of waiting for a positive experience in order to feel grateful; in this way, you’ll be on your way toward becoming a master of gratitude.

Excerpted from an article by Marelisa Fabrega - read the full article at this link

**Newsletter Archive**

We’ve been publishing Hundredfold Farm News for over one year! If you’d like to catch up on past issues, which cover our many green features and news about life on the farm, check out the Newsletter Archive on the Hundredfold website.

**Classifieds**

**Solar home for sale at Hundredfold Farm**

**NEW PRICE - CLICK HERE**

Built in 2007, this beautiful home is located in Pennsylvania’s first ecologically sustainable rural community, just 8 miles west of Gettysburg. The kitchen, dining room, and living room feature an open floor plan with south-facing windows and panoramic views. There is a large master suite, with two additional generously sized bedrooms and two full baths. Ceramic tile and hardwood floors throughout. Bonus 600 sq.ft. unfinished walk-up cape cod-style attic that can be used for storage or a workshop, studio, playroom, etc.

The green features include solar hot water and solar electric with a battery backup that keeps the house running during power blackouts. Enjoy 80 acres of private secluded property with
scenic mountain vistas, organic vegetable gardens, and over one mile of walking trails. Read more details here: 1134 Evergreen Way or look up MLS #21105782 on Realtor.com. Contact Prudential realtor David Sites at 717-487-4000 to arrange a showing.

Building Lots for Sale

Build your green dream home at Hundredfold Farm – five building lots are still available. Cohousing balances the traditional advantages of home ownership with the benefits of shared common facilities and involvement in community governance. Individual homes are arranged to preserve privacy while, at the same time, encouraging neighborly interaction. If you are interested in a pastoral, secluded location that can provide food and energy security, while sharing your living experience with a group of like-minded neighbors, you should come and take a closer look!

Community members enjoy shared meals, social events, and gardening together. Our eco-friendly designs include solar hot water and solar electric systems on each home plus an innovative living machine wastewater treatment and recycling system. Call 717-334-9426 for more information.

Overnight packages

Get a taste of the small, friendly village that is Hundredfold Farm – tour our ecologically sustainable homes, wastewater recycling facility, and Christmas tree farm, plus enjoy a community meal.

Hundredfold Farm is a peaceful, relaxing oasis, located 10 minutes from the historic Gettysburg Battlefield. You can also enjoy wine tasting at local wineries, a day trip to Washington DC, and hiking the Appalachian Trail. Schedule your visit to take advantage of seasonal activities and events, including the reenactment of the Battle of Gettysburg and various local festivals such as the National Apple Harvest Festival, the PA Lavender Festival, and the Gettysburg Festival celebrating American art, music, and cuisine. December visitors will have the opportunity to experience a working choose & cut Christmas Tree farm. Skiing and snowboarding are also available locally at Ski Liberty and other nearby resorts.

A great getaway for individuals, couples, families and groups. Stay for a weekend or a week – contact us at 717-334-9426 for pricing.

Please let us know if you are interested in staying on our list and/or take the opportunity to update the information in our records. Following the "subscribe" link at the bottom will take you to a form where you can enter updated information (and there's an "unsubscribe" link at the bottom if you decide to opt out). You can also forward this message to someone who may be interested in being added to our contact list and receiving this newsletter.

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